**Flow-based programming (FBP)** is a programming paradigm where applications are constructed as networks of **black box processes**, which exchange data through predefined connections by message passing. [These connections are specified externally to the processes, allowing for flexible and component-oriented application design1](https://en.wikipedia.org/wiki/Flow-based_programming).

Here are **five free reference links** where you can learn more about flow programming:

1. [**Wikipedia: Flow-based Programming**](https://en.wikipedia.org/wiki/Flow-based_programming): This article provides an overview of FBP, emphasizing data flow and asynchronous processing.
2. [**GeeksforGeeks: Introduction to Flowcharts**](https://www.geeksforgeeks.org/an-introduction-to-flowcharts/): While not specific to FBP, understanding flowcharts can help grasp the concept of visualizing data flow.
3. [**MarketSplash: How To Start With Flow Programming Basics**](https://marketsplash.com/tutorials/flow/how-to-start-with-flow-programming-basics/): A step-by-step guide covering key concepts, setup, and building your first flow-based application.
4. [**MarketSplash: How To Learn Flow Programming Effectively For Developers**](https://marketsplash.com/tutorials/flow/how-to-learn-flow-programming-effectively/): Strategies tailored for developers to effectively learn flow programming.
5. [**Microsoft Learn: Get Started with Power Automate**](https://learn.microsoft.com/en-us/power-automate/getting-started): Explore Power Automate (formerly known as Microsoft Flow) to understand flow-based automation in a practical context[2](https://marketsplash.com/tutorials/flow/how-to-start-with-flow-programming-basics/)[3](https://marketsplash.com/tutorials/flow/how-to-learn-flow-programming-effectively/)[4](https://learn.microsoft.com/en-us/power-automate/getting-started).